MDMA

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What is it?

- One of the most commonly abused psychoactive drugs
  - Psychoactive = alters perception, mood, behavior, etc.
- Schedule 1
- Known for its euphoric, pleasurable and sensitizing effects
- Ecstasy = MDMA + stimulant
- Effects typically last for 3-5 hours
Receptor
Serotonin

One of the most important neurotransmitters in our brain for the regulation of mood
Recycling Transporter Serotonin
The Effects?
0 Euphoria
0 A sense of general well-being
0 Decreased negative emotions
0 Increased sociability
0 Increased empathy
0 Reduced insecurity
0 Decreased aggression and anger
0 Mild psychedelic enhancement of colors and sounds
Decrease in brains ability to produce serotonin
Decrease in learning, memory and attention
Increased psychological sensitivity
  Depression
  Anxiety
  Anger
Opposite of what you felt the night before

Nay!
Risk Reduction

- Vitamin C is important for the production of serotonin
- Exercise after usage
- Do not abuse continuously
- Be careful of what you are getting
- Regulate intake
- Drink water!