Resources

http://www.thecoolspot.gov/

http://www.stepupspeakout.org/youth/sexual-assault

24/7 Emergency line to provide emotional support, advocacy, information and referrals

- **213-626-3393** (Central Los Angeles)
- **310-392-8381** (South Los Angeles)
- **626-793-3385** (West San Gabriel Valley)
- **800.656.HOPE** (4673)

What is Sexual Assault?

- Any sexual act committed without your clear full consent

What is Consent?

- **Clear** and **unambiguous** for each participant at every stage of a sexual encounter
- **The absence of "no" is NOT consent.**
- A prior relationship does **NOT** indicate consent to future activity.

How does Alcohol influence Consent?

- A person who is asleep or mentally or physically **incapacitated**, either through the effect of drugs or alcohol or for any other reason, is ***not capable of giving valid consent.***

Alcohol

A date rape drug

What is a date rape drug?

- Any drug used to perpetrate sexual assault
- Common Examples: Alcohol, Rohypnol, Ketamine, GHB

Alcohol and Sexual assault

- #1 most frequent drug associated with sexual assaults
- Binge drinking, either voluntarily or through coercion, **impairs your ability to consent**

Is Alcohol Dangerous?

- illegal under the age of **21** and the legal BAC while driving under 21 is **0.0%**
- Leading cause of **deaths** and **injuries** in people under 21
- The most common drug associated with **sexual assaults**
- Alcohol overdose and withdrawal can be **lethal**
- Interferes with **brain development**, influencing decision-making throughout adulthood

Alcohol's Effects on the Body and Brain

- Slows down the brain's communication
- **Confusion**
- Inability to remember events while drunk
- Muscle relaxation or loss of muscle control
- Difficulty moving and talking coherently
- Dizziness, Nausea and Vomiting
- unable to remember events occurred while drunk
- **Loss of consciousness**
- Dizziness
- Sleepiness
- **Death**